

# The launch of *Psychology Research and Practice*

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**P**psychology Research and Practice is a new international scholarly journal focusing on the latest research and developments in the field of psychology, with a particular focus on the practical applications of these. The journal aims to encourage scientists, researchers and professional psychologists worldwide to share theoretical perspectives and research findings and explain the practical applications of these to various facets of modern life.

The journal is a semi-annual, peer-reviewed online journal using an open access model. It will publish reports on latest research findings, original theoretical articles, and critical and systematic reviews in the fields of psychology and related disciplines, including, but not limited to: clinical, educational and counselling psychology; occupational, health and sports psychology; cognitive and behavioral sciences; mental health and wellbeing; psychiatry; and neuroscience. The journal will be of interest to professionals in a wide range of fields of psychology and for students and academic staff concerned with various specialities.

The articles in this first issue cover a range of current topics in the field of psychology. The first

article, by Hornby, focuses on the importance of using psychological research for establishing the effectiveness of teaching strategies used in schools. It highlights eight teaching strategies that have been shown to be evidence-based practices, the widespread practical implementation of which would lead to improved student outcomes. The second article, by Zhang and Wang reports the results of a qualitative study investigating the perceptions of Chinese international students about their social tie formation and learning styles at a European university and the relationships to their perceived academic performance. The third article, reports a study which sought to identify the effects of social support on health anxiety experienced by adult students during the Covid 19 pandemic, using an online survey. The fourth article, by Shi, discusses and critically analyses the use and impact of behaviorist and constructivist learning theories when applied with students who have emotional and behavioral disorders. The fifth article, by Xiangli, reports an investigation of college students' psychological awareness of the internet network ecological civilization in China, using an online questionnaire survey and makes practical suggestions for developing this awareness in the future.



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